

CURRICULUM VITAE

DORIS BROTHERS, PH.D.

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EDUCATION

Psychoanalytic: The Training and Research Institute for Self Psychology (certified, 1988)
Ph.D.: Yeshiva University, Clinical Psychology (1977-82)
M.A.: Yeshiva University, Clinical Psychology (1977-80)
B.A.: Queens College, C.U.N.Y., Major in Psychology (1971-76)
Summa cum laude.
Robert S. Woodworth Medal for Excellence in Psychology.

EXPERIENCE

Clinical:

Private Practice (1984-Present)

The Cathedral School (1982-1988)

Psychologist.

The Trinity School (1982-84)

Counselor

Teaching:

The Training and Research in Self Psychology Foundation (1987-Present)

Co-founder; member of the board of trustees; training and supervising analyst; co-chair, the Admissions Committee.

Westchester Center for the Study Of Psychoanalysis and Psychotherapy (Spring, 2013)

Instructor

Yeshiva University (1982-83)

Adjunct Assistant Professor at Ferkauf Graduate School. Taught course on psychological testing to graduate students in clinical psychology program.

Editorial

Co-Editor: Psychoanalysis, Self and Context (Formerly, The International Journal of Psychoanalytic Self Psychology (IJSPSP))

Chief Editor: eForum, the online newsletter of the International Association of Psychoanalytic Self Psychology (IAPSP).

Issue Editor: 2017, The Ethical Turn. Psychoanalytic Inquiry. volume 37, number 6

Issue Editor: 2015 Analytic Lives in a Wounded World, Psychoanalytic Inquiry. Volume 34:, number 7,

Issue Editor: 2013: Bystanders No More. International Journal of Psychoanalytic Self Psychology. Volume 8, issues 1 and 2

PROFESSIONAL ORGANIZATIONS:

Secretary, Executive Board, Advisory Board, and Council, International Association for Psychoanalytic Self Psychology (IAPSP)

Member, International Association for Psychoanalysis and Psychotherapy

Member:: National Association for the Advancement of Psychoanalysis (NAAP)

Member; American Psychological Association (APA)

Advisory Board, The Institute for the Advancement of Self Psychology, Toronto, Canada (IAPSP)

International Association for Relational Psychotherapy and Psychoanalysis (IARPP)

PUBLICATIONS

Books

(Forthcoming) with Koichi Togashi, *Psychoanalytic Narratives in a Traumatized World*. Routledge.

(2008) *Toward a Psychology of Uncertainty: Trauma-Centered Psychoanalysis*. New York: Psychoanalytic Inquiry Book Series, Analytic Press.

(1995) *Falling Backwards: An Exploration of Trust and Self-Experience*. New York: W.W. Norton & Co.

(1988) with Richard B Ulman, *The Shattered Self: A Psychoanalytic Study of Trauma*. Hillsdale, NJ.: Analytic Press.

Chapters in Books

- (Forthcoming) Changing Societal Narratives: Fighting Crimes Against Humanity. In: *Memories and Monsters*. New York: Routledge
- (2016) Challenging the Success Failure Polarity. In *Therapeutic Failures*, eds. A Rolef Ben-Shahar & R. Shalit. Karnac
- (2016) Screams and Shouts": Trauma, Uncertainty, and the Ethical Turn. In D. Goodman and E. Severson, eds. *The Ethical Turn: Otherness and Subjectivity in Contemporary Psychoanalysis*. Routledge.
- (2015) Gratitude and Existential Uncertainty: Commentary on "Beyond Alterity: The Path to Gratitude" by Marie Hoffman. In D. Goodman and M. Freeman, eds. *Psychology and the Other*. Oxford University Press.
- (2006) with Linda Raubolt. One wife's story: A relational systems approach. In *Power Games: Influence, Persuasion, and Indoctrination in Psychotherapy Training*, ed. R. Raubolt, New York: Other Press.
- (2003) Cinderella's Gender Trouble; Sadomasochism as the Intersubjective Regulation of Uncertainty. In: *Creative Dissent: Psychoanalysis in Evolution*, eds. A. Roland, B. Ulanov, & C. Barbre. Westport, Ct: Praeger.
- (2000) with Ellen Lewinberg. Surviving the Death of Oedipus: Tips for Self Psychologists. In: *Progress in Self Psychology, Vol. 16*, ed. A. Goldberg. Hillsdale, NJ: Analytic Press.
- (1999) with Ellen Lewinberg. The Therapeutic Partnership: A Developmental View of Self-Psychological treatment as Bilateral Healing. In: *Progress in Self Psychology, Vol. 15*, ed. A. Goldberg. Hillsdale, NJ: Analytic Press.
- (1998) Exploring the "Bi" Ways of Self-Experience: Dissociation, Alter Ego Selfobject Experience and Gender. In: *Progress in Self Psychology, Vol. 14*, ed. A. Goldberg. Hillsdale, NJ: Analytic Press.
- (1997) The Leather Princess: Sadomasochism as the Rescripting of Trauma Scenarios. In: *Progress in Self Psychology, Vol. 13*, ed. A. Goldberg. Hillsdale, NJ: Analytic Press.
- (1994) Dr. Kohut and Mr. Z: Is This A Case of Alter-Ego Countertransference? In: *Progress in Self Psychology, Vol. 10*, ed. A. Goldberg. Hillsdale, NJ: Analytic Press.
- (1993) The Search for the Hidden Self: A Fresh Look at Alter-Ego Transferences. In: *Progress in Self Psychology, Vol. 9*, ed. A. Goldberg. Hillsdale, NJ: Analytic Press.
- (1992) Trust Disturbance and the Sexual Revictimization of Incest Survivors: A Self-Psychological Perspective. In: *Progress in Self Psychology Vol. 8*, ed A. Goldberg. Hillsdale, NJ: Analytic Press.

Journal Articles

- (2017) If Freud Were a Woman: Gender, Uncertainty and the Psychology of Being Human. *Psychoanalytic Inquiry*..37(6):419-424.
- (2015) Bullies Close to Home. *International Journal of Psychoanalytic Self Psychology*, 10:355-364..
- (2014) War, Peace and Promise-Making: On Becoming a Late-Life Activist. *Psychoanalytic Inquiry*, 34:7, 766-775.
- (2015) What I Learned From Paul Ornstein—And About Him. *International Journal of Psychoanalytic Self Psychology*. 10:2, 172-178.
- (2014) "Crimes Against Humanity" and the Societal Context of Trauma: Discussion of "A Sense of 'Being Human' and Twinship Experience by Koichi Togashi. *International Journal of Psychoanalytic Self Psychology*, 9:4, 282-288.
- (2014) Traumatic Attachments: Intergenerational Trauma, Dissociation and the Analytic Relationship. *International Journal of Psychoanalytic Self Psychology* 9:1, 3-15.
- (2012) Trauma, Gender and the Dark Side of Twinship. *International Journal of Psychoanalytic Self Psychology*, 7:391-405.
- (2012) Murakami, Connoisseur of Uncertainty: Discussion of Thomas Rosbrow's "After the Quake--The Writer as Waking Dreamer and Trauma Analyst." *Psychoanalytic Dialogues*, 22:1-6.
- (2012) with Jane Lewis. On Homesickness, Exile, and the Self-Psychological Language of Home-Coming *International Journal of Psychoanalytic Self Psychology*, 7:2, 180-195.
- (2009) On the Love of Work, the Work of Love, and What Kohut Didn't Warn Us About Plying the Empathy Trade. *International Journal of Psychoanalytic Self Psychology*, 4 (4):498-509.
- (2009) Trauma-Centered Psychoanalysis: Transforming Experiences of Unbearable Uncertainty. *Self and Systems: Explorations in Contemporary Self Psychology. Annals of the New York Academy of Science*. Vol. 1159:31-50.
- (2008) Can Only a Self Psychologist Save Us? *International Journal of Psychoanalytic Self Psychology*. 3 (4):501-503.
- (2003) Clutching at Certainty: Thoughts on the Coercive Grip of Cult-Like Groups. *Group*. 27(2/3):79-88.
- (2003) After the Towers Fell: Terror, Uncertainty, and Intersubjective Regulation. *Journal for the Psychoanalysis of Culture and Society*. 8(1): 68-76.
- (2000) Beyond the Black Holes: Trauma, Trust Betrayal and Dissociation. *Australian Journal of Psychoanalysis*. 19:11-42.
- (2000) with Ellen Lewinberg. Contemplating the Death of Oedipus. *Gender and Psychoanalysis*. 4 (4):497-516.
- (1987) with Richard B. Ulman, A Self-Psychological Reevaluation of Posttraumatic Stress Disorder (PTSD) and its Treatment: Shattered Fantasies. *Journal of the American Academy of Psychoanalysis* 15 (2) 175-203.
- (1987) An Exchange of Views on Victimization. Additional notes on "The Usefulness of Self Psychology in Understanding and Treating a Case of Homosexual Pedophilia" by Daniel P. Juda, Ph.D. *Dynamic Psychotherapy* 5 (1) 83-85.
- (1986) Discussion of "The Usefulness of Self Psychology in Understanding and Treating a Case of Homosexual Pedophilia" by Daniel P. Juda, Ph.D. *Dynamic Psychotherapy* 4 (2)124-126.

PRESENTATIONS AT PROFESSIONAL MEETINGS

- “The Square and the Cross: Discussion of ‘Mutual Empathy: Imagine Symbol and Realization in the Treatment of Trauma’ by Sarah Pillsbury. 40th Annual International Conference on the Psychology of the Self, October 22, 2017.
- “How can you leave me now?” Paper presented on Pre-Conference Workshop, The Analyst’s Analyst. 40th Annual International Conference on the Psychology of the Self, October 19, 2017.
- After the World Collapses: The Altruistic Response to Societal Trauma: Paper presented on panel, “Sincerity, Altruism and Embodiment: A Cross-Cultural Perspective on the Ethical in Contemporary Psychoanalysis. 2017 Psychology and the Other Conference. Cambridge Massachusetts, October 14, 2017.
- “Changing Societal Narratives, Fighting “Crimes Against Humanity,” paper presented on panel, “Moving Narrative to the Center of Relational Psychoanalysis—A Cross-Cultural Perspective,” 2017 IARPP Conference, Sydney Australia, May 27, 2017
- No Longer Beyond the Pale: Psychoanalytic Psychotherapy for Asperger’s Patients, 2017 IARPP conference, Sydney Australia, May 26, 2017
- “Discussion of Eva Feindler’s ‘The Case of Anthony: A CBT Treatment “ 2016 Suffolk Institute of Psychoanalysis and Psychotherapy (SIPP) Conference. November 6, 2016.
- “Lily’s Lament.” Plenary presentation. The Analyst’s Affect: The Way Back from Gridlock, Blindshots and Loss of Vitality. 39th Annual International Conference on the Psychology of the Self, October 23, 2016.
- “Lyle and the Sex Goddess,” Plenary presentation. The Far Reach of a Self Psychological/Intersubjective Perspective: Treating Patients on the So-Called Spectrum. 39th Annual International Conference on the Psychology of the Self, October 23, 2016.
- “Grief-Inspired Creativity: An Analytic Relationship Between Two Former Child Artists” IARPP. Rome, June, 2016
- “Trauma Research and Self Psychology: How 9/11 Survivors Integrate the Irrationality of Wide-Scale Trauma.” With Koichi Togashi. 38th Annual International Conference on the Psychology of the Self, Los Angeles, CA, October 17, 2015.
- “Art as Other and the Grief of the Child Artist.” Pre-Conference Workshop, Self Psychology as Artistic Experience, with G. Hagman. 38th Annual International Conference on the Psychology of the Self, Los Angeles, CA, October 15, 2015.
- “Meeting with Triumph and Disaster and Demolishing Those Relational Imposters.” Annual International IARPP Conference, Toronto, Ontario, Canada. June, 25, 2015. “Challenging the Success-Failure Polarity in Therapeutic Practice. TRISP, New York, May 8, 2015.
- “Psychoanalyst in a Wounded World: JPSP, Nagoya, Japan, May 2, 2015.
- “Trauma and Uncertainty” JPSP, Hiroshima, Japan, April 19, 2015.
- Akela’s Homesickness.” Plenary presentation, 37th Annual International Conference on the Psychology of the Self, Jerusalem, Israel, October 25, 2014.
- “Bullies Close to Home” 37th Annual International Conference on the Psychology of the Self, Jerusalem, Israel, October 24, 2014.“
- ‘A Relational Systems Approach to Intergenerational Trauma.’ Confer. London. December 2, 2013.
- “A Relational Systems Approach to Traumatic Bullying. 11th Annual International IARPP Conference, Santiago, Chile. November 7, 2013.
- “If Freud Were a Woman: Gender, Uncertainty, and the Ethics of Care. Pre-Conference Workshop, “Is the Ethical Gendered?” A Workshop Conversation on Ethics, Sex and Gender, Self Experience, and Psychoanalytic Politics. 36th Annual International Conference on the Psychology of the Self. Chicago, IL. October 17, 2013.
- “Screams and Shouts: Trauma Uncertainty and the Ethical Turn. “Psychology and the Other Conference. Cambridge, MA. October 5, 2013
- “Traumatic Attachments: Intergenerational Trauma, Dissociation and the Analytic Relationship. Scientific Session, Advanced Training Program in Psychoanalytic Psychotherapy. Toronto, CA. September 28, 2013.
- "War, Peace and Promise-Making: On Becoming a Late-Life Activist. "Tel-Aviv University. Tel-Aviv, Israel, April 26, 2013.
- "Doris Brothers: Psychoanalyst. War, Peace and Promise-Making: On Becoming a Late-Life Activist." Saint Paul University. Ottawa, Ontario.
- George Atwood's 'Radical Engagement,' Posttraumatic Development, and Necessary Delusions. 35th Annual International Conference on the Psychology of the Self. Washington, D.C. October 20, 2012.
- “About Face: How an Analyst's Traumatizing Bout of Bell’s Palsy Sparked a Creative Process.“ Paper presented on panel, “Through ‘Harrowing Dread.’ The Analyst’s Trauma as Inspiration for Creative Investigation” at 10th Annual IARPP Conference, New York, March 1, 2012.
- “A Day with Doris Brothers, Ph.D.” All-day conference at the Tampa Bay Psychoanalytic Society, Tampa Bay, Florida, March 10, 2012.
- “Promise-Making and the Ethically Committed Analyst.” 34th Annual International Conference on the Psychology of the Self. Los Angeles, CA. October 15, 2011.
- “Discussion of ‘Psychoanalysis and Combat Trauma’ by Russell Carr.” Plenary 2, 34th Annual International Conference on the Psychology of the Self. Los Angeles, CA. October 14, 2011.
- “Promising, Bystanding, and Standing Beside: Relational Psychoanalysts as Healers and Activists.” IARPP Conference.

Madrid Spain, June 30, 2011

With Jane Lewis. "On Homesickness, Exile, and the Self-Psychological Language of Homecoming." 33rd Annual International Conference on the Psychology of the Self. Antalya, Turkey, October 24, 2010.

"Intergenerational Trauma and the Therapist." Workshop, George Washington University Conference: Trauma: Intersections Among Narrative, Neuroscience, and Psychoanalysis, Washington, D.C. March 5, 2010.

"Trauma as Exile." Panel, George Washington University Conference: Trauma: Intersections Among Narrative, Neuroscience, and Psychoanalysis, Washington, D.C. March 5, 2010.

"Confrontations with the Unforgivable: Using Hannah Arendt's Relational Politics to Ponder Evil and the Limits of Analytic Empathy." IARPP Annual Conference. San Francisco, CA. February 25, 2010.

With Elizabeth Corpt and Michael Reison. "Intergenerationally Transmitted Trauma in Self Psychological Practice." Pre-Conference Workshop. 32nd Annual International Conference on the Psychology of the Self. Chicago, October 22, 2009.

With Jane Lewis. "Being-Toward-Life: A Twice-Told Aotry of Death, Intergenerational Trauma and the Resolution of an Analytic Crisis." 32nd Annual International Conference on the Psychology of the Self. Chicago, October 24, 2009.

"At the Outer Limits of Empathy: Interrogating Evil in Self-Psychological Practice." 32nd Annual International Conference on the Psychology of the Self. Chicago, October 25, 2009.

"Engaging Our Dead: Intergenerational Trauma in the Therapeutic Relationship." Confer Intergenerational Trauma Conference. Dublin, September 5, 2009. London, September 11, 2009.

"Dissociation as the Reduction of Complexity in Traumatic Attachments." 25th Annual Conference, International Society for the Study of Trauma and Dissociation. Chicago, November 16, 2008.

Discussion of "Revisiting the House of Mirrors" by Ellen Shumsky. 31st Annual International Conference on the Psychology of the Self. Baltimore, October 25, 2008.

"Intergenerational Relational Paradigms in Working with Childhood Trauma." Psychological Trauma and the Child. London, September 19, 2008.

"Trust, Uncertainty, and Therapeutic Alliance in Trauma-Centred Treatment." Therapeutic Alliance Seminars. London, June 4, 2008.

"Traumatic Attachments, Dissociation, and the Analytic Relationship." IARPP Annual Conference, Relational Perspectives on Attachment Theory and Psychoanalytic Process. Baltimore, May 31, 2008.

"When Death is the Co-Star: Ghosts, Ghouls and the Dissociative Transformation of Uncertainty." American Psychological Association, Division of Psychoanalysis (39), 28th Annual Spring Meeting. April 10, 2008

"Meet the Author." American Psychological Association, Division of Psychoanalysis (39), 28th Annual Spring Meeting. April 10, 2008

"The Shrug: Trauma, Uncertainty, and an Analyst's Dark Moment." American Psychological Association, Division of Psychoanalysis (39), 28th Annual Spring Meeting. April 11, 2008

Discussion of "Radical Hope and Systems of Adequate Trust" by Donna M. Orange. 30th Annual International Conference on the Psychology of the Self. Los Angeles, October 12, 2007.

"Speaking of Gender: Jane Campion's "Piano" and Other Sad and Sex-y Tales. 29th Annual International Conference on the Psychology of the Self. Baltimore, October 29, 2005.

"Trauma, Dissociation and the Intersubjective Regulation of Uncertainty." Montreal Study Group. April 10, 2005.

"Trembling on the Edge." Keynote Address, The Mindfield of Terror and the Treatment of Trauma, 7th Annual Conference of the Western Canada Psychoanalytic Psychotherapy Association. October 17-18, 2003.

Healing the Wounds of Healing: A Self Psychological Workshop on 'Burnout'" 25th Annual International Conference on the Psychology of the Self. Washington, D.C. October 26, 2002.

"Faith, Psychoanalysis, and the Intersubjective Regulation of Uncertainty." 22nd Annual Spring Meeting, American Psychological Association, Division of Psychoanalysis (39). April 12, 2002.

"Intersubjectivity Theory: How it Changes Treatment." NPAP 10th Annual Annette Overby Conference. New York, December 8, 2001. "The Dissociative Regulation of Uncertainty in the Face of Death. International Society for the Study of Dissociation. 18th International Fall Conference. New Orleans, December 2, 2001.

"Ghosts of the Silver Screen and Other Self-Psychological Reflections on the Acceptance of Death." 24th Annual International Conference on the Psychology of the Self. San Francisco, November 10, 2001.

with Ellen Lewinberg. Beyond Self Cohesion: Toward a Synthesis of Psychoanalysis and Spirituality. APA, Division (39), 21st Annual Spring Meeting. Santa Fe, April 27, 2001.

"Faith and Passion in Self Psychology, or, Swimming Against the 'Postmodern Tide of Uncertainty.'" 23rd Annual International Conference on the Psychology of the Self. Chicago, November 11, 2000.

"Journey on the Road to Self-Trust." What's Trust Got to Do With it? Dialogues in Spirituality for Clinicians and Clergy. Limina Conference. Evanston, IL, April 8, 2000.

"Trust and Betrayal." Fresh Thoughts on Trauma and Healing. 5th Annual Self Psychology Conference. Capetown, S. Africa, February 5, 2000.

Beyond the Black Holes: Trauma, Trust Betrayal, and Dissociation. Understanding the Self. Sydney, Australia, August 28, 1999.

with Ellen Lewinberg, "Beyond Self-Cohesion: Taking Spirituality out of the Self Psychology Closet." 22nd Annual International Conference on the Psychology of the Self. Toronto, October, 1999.

"Cinderella Stories: Trust, Subjectivity, and a New Slant on Masochism in Women. Multiple Perspectives on Subjectivity: A European and American Dialogue. Rome, Italy. March 27, 1999. with Ellen Lewinberg. "Contemplating the Death of Oedipus: Survival Tips for Self Psychologists." 21st Annual Conference on the Psychology of the Self. San Diego, October 25, 1998

"Exploding the Myth of Unilateral Healing: Self-psychological Treatment and the Analyst's Development." 20th Annual Conference on the Psychology of the Self. Chicago, IL. November, 17, 1997.

"Dissociation, Trauma, and the Multiplicity of Self-Experience." TRISP Continuing Education Series: Self Psychology in the Late 90's: Bold and Creative Applications. New York, April, 26, 1997.

"Exploring the 'Bi' Ways of Self-Experience: Dissociation, Alter Ego Selfobject Experience and Gender." Nineteenth Annual Conference on the Psychology of the Self. Washington, D.C., October 20, 1996.

"The Leather Princess: Sadomasochism as the Rescripting of Trauma Scenarios." Eighteenth Annual Conference on the Psychology of the Self. San Francisco, October 22, 1995.

"Beyond the Black Holes: A Self-Trust Approach to Understanding and Treating Dissociative Disorders. The Inaugural Conferences of the Institute for the Advancement of Self Psychology. Toronto, Canada, October, 7, 1995.

"Beyond the Black Holes: A Self-Psychological Approach to Understanding and Treating Dissociative Disorders. Fifth Annual Spring Conference of the International Society for the Study of Dissociation. Amsterdam, The Netherlands, May 12, 1995.

"Sadomasochism and the Rescripting of Trauma Scenarios: Effects on Treatment." Fourth European Conference on Traumatic Stress. Neuilly S/Seine, France, May 8, 1995.

"The Betrayed and the Betrayer: Understanding and Working Through Sadomasochistic Enactments in the Therapeutic relationship." SASP/TRISP Continuing Education Series: Clinical Advances in Self Psychology--The Cutting Edge. New York, February 4, 1995

Commentator on Mini-panel: "Multiple Personality Disorders." Sixteenth Annual Conference on the Psychology of the Self. Toronto, October 30, 1993

"Trust and Betrayal: Working Within the Heart of Trauma." Fifteenth Canadian Association of Psychoanalytic Child Therapists Symposium. Toronto, May 1, 1993.

"Dr. Kohut and Mr. Z: A Case of Alterego Countertransference?" Fifteenth Annual Conference on the Psychology of the Self. Beverly Hills, October 10, 1992.

"The Search for the Hidden Self: A Fresh Look at Alterego Transferences in Individual and Group Therapy." Fourteenth Annual Conference on the Psychology of the Self. Chicago, October 12, 1991.

"The Recollection of Incest as a Consequence of Working Through Trust Disturbance in the Transference." Sixth Annual Meeting of the Society for Traumatic Stress Studies. New Orleans, October 31, 1990.

"Dr. Kohut and Mr. Z: A Case of Alterego Countertransference?" Fifteenth Annual Conference on the Psychology of the Self. Beverly Hills, October 10, 1992.

"The Trustworthy Selfobject: Psychological Giving and the Therapeutic Relationship." TRISP/SASP Annual Conference. New York, May 5, 1990.

"Trust Disturbance and the Revictimization of Trauma Survivors." Fifth Annual Meeting of the Society for Traumatic Stress Studies. San Francisco, October 30, 1989.

"Treating Trust Pathology in Trauma Survivors: A Self-Psychological Approach." Twelfth Annual Conference on the Psychology of the Self. San Francisco. October 14, 1989.

"Trust Disturbances and the Treatment of Trauma." SASP/TRISP Continuing Educational Series. Focus on Contemporary Clinical Issues. New York City. November 19, 1988.

"Trust Disturbance and the Sexual Revictimization of Incest Survivors: A Self-Psychological Perspective." Eleventh Annual Conference on the Psychology of the Self. Washington, D.C. October 16, 1988.

"Discussion of a Freudian Psychoanalytic Therapy Case Presented by Lisa Goldsmith Ph.D." SASP/TRISP Treatment Case Presentation Series. New York City: September 19, 1987.

With Richard B. Ullman. "The Shattered Fantasies: A Self-Psychological Theory of Trauma." Eighth Annual Conference on the Psychology of the Self. New York City. October 6, 1985.